



Good Evening Fellow Shorians,

Earlier this evening Governor Whitmer and the Michigan Department of Health and Human Services released a list of recommendations to mitigate the spread of COVID-19. Those recommendations are as follows:

- Learn about the signs and symptoms of COVID-19, which include fever, cough and difficulty breathing.
- **STAY HOME WHEN YOU ARE SICK**, and Individuals at risk of severe illness should consider staying at home to avoid others who are sick.
- Regularly clean and disinfect frequently touched surfaces, such as doorknobs, keyboards, cell phones and light switches.
- Communicate and reinforce best practices for washing hands and covering coughs and sneezes.
- Be sure to maintain a supply of medications, food, and other essentials in your house.
- Cancel or postpone large gatherings, conferences and sporting events (e.g. events with over 100 people).
- Reduce in-person gatherings and activities, especially for organizations with individuals at risk of severe illness. Consider offering video or audio of events.
- Consider tele-learning or tele-work opportunities, where feasible.
- Limit non-essential work travel.
- If you care for a loved one living in a care facility, monitor the situation, ask about the health of the other residents frequently, and know the protocol if there is an outbreak.
- Limit visitors at hospitals and other facilities to only those who are absolutely necessary and implement screening of visitors for temperature and respiratory symptoms.

Lake Shore Public Schools will continue to follow the recommendations of the Center for Disease Control, World Health Organization, and County and State Health Department to make sure our students and their families are safe.

What can you do? All families should continue to practice general flu prevention measures, including:

- Wash your hands thoroughly and frequently (a great trick is to sing the ABC's while washing to ensure you wash your hands long enough).
- If you don't have access to a sink, use an alcohol-based sanitizer (62% alcohol or greater).
- Avoid touching your eyes, nose and mouth with unwashed hands.
- If you feel a sneeze or cough building, quickly move away from people and sneeze or cough into a tissue, your shirt or elbow. Immediately throw the tissue in the trash.
- Avoid close contact and sharing drinks, cups or eating utensils with other people.
- Clean and disinfect frequently touched surfaces in shared spaces.

Most importantly, please keep your children home if they have any flu-like symptoms, especially if they have a fever. Staying home to rest will not only protect our community from any potential of the Novel



Coronavirus, but it will also help protect against the flu strains that are certainly circulating around our school community this time of year.

Lake Shore Public Schools Operation and Maintenance staff will continue in the daily thorough cleaning, disinfecting, and sanitizing of all areas, spaces, and surfaces students and staff come into contact. This includes, but is not limited to classrooms, water fountains, busses, bathrooms, locker rooms and cafeterias. Hand sanitizer is readily available throughout our buildings and staff and students are reminded regularly that the best way to combat the spread of any illness is through thorough hand washing and social distancing when feeling ill.

As I have mentioned before, it is important that we, as a community listen to facts and not respond to fear. The best sources of factual information regarding the virus and the best way to protect our community from exposure to it can be found at the following websites below:

<https://www.michigan.gov/Coronavirus>

<https://www.cdc.gov/coronavirus/2019-nCoV/index.html>

<https://www.who.int/emergencies/diseases/novel-coronavirus-2019>

Our staff is in the process of reviewing all upcoming events, travel, and activities and measure those in comparison of the recent guidance received regarding how we can assist in the mitigation of this virus. We will provide updates tomorrow regarding any future postponements or cancellations.

Sincerely,

Dr. Joe DiPonio  
Superintendent  
Lake Shore Public Schools