

## **Community Service Hours Available!**

Help CARE in the office! Spend a few hours processing a mailing, organizing presenter packets or putting together kits for one of our many programs.

Join a CARE Preventionist at a community health fair or festival. Volunteers paint faces, help apply temporary tattoos, play games with children or help pass out CARE information!

### **Teen Facilitators/Presenters Needed for:**

Project Focus  
FASD Training Opportunities  
Youth Support Summer Camp

**Call 586-541-0033 for more information!**



**31900 Utica Road  
Fraser, MI 48026  
586-541-2273  
586-541-0033  
[www.careofmacomb.com](http://www.careofmacomb.com)**

**CARE is dedicated to the prevention of alcohol, tobacco and other drug use. Federal, state and local funding has been provided through Macomb County Community Mental Health/Office of Substance Abuse to support project costs.**

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Recipients of substance abuse services have rights protected by state and federal law and promulgated rules. For information, contact CARE Recipient Rights Advisor, 31900 Utica Road, Fraser, MI 48026, (586) 541-0033 or State Recipient Rights Coordinator, P.O. Box 30664, Lansing, Michigan 48909.

# **STUDENT ASSISTANCE**

## **Youth Services & Programs**



# STUDENT ASSISTANCE

586-541-2273

- **Does your child have difficulties at school or in other social settings?**
- **Have you noticed a change in your child's behaviors and/or attitudes?**
- **Are you concerned that your child may be using alcohol or other drugs?**



The Student Assistance Center, a component of CARE, offers families the opportunity to receive a thorough assessment for children who are experiencing substance use or mental health problems.

Macomb County students and their families who are experiencing substance use concerns and meet certain criteria can meet with an experienced substance use/mental health counselor to gain insight into their problems and receive assistance in gaining access into the most appropriate treatment option.

The Student Assistance Center has agreements with many Macomb County school districts and provides opportunities for the family, district personnel and CARE Student Assistance staff to work closely to follow the student throughout their substance use or mental health treatment plan.

## **Teen Advocacy Groups**

### **Teens Talking Truth (T3)**

Teens who participate in a variety of prevention activities which deal with alcohol, tobacco and other drug concerns. Together they support and encourage one another to develop strong leadership and communication skills.

### **NicotineNarcs (NN)**

An organized group of anti-tobacco student activists from high schools throughout Macomb County. Their goal is to decrease the number of establishments that provide havens for underage smoking and excessive exposure to second-hand smoke.

# YOUTH & FAMILY PROGRAMS

586-541-0033

## **Skills for Managing Anger**

A six-week educational series for youth experiencing difficulties because of their inability to manage their anger.

## **Teen Intervene**

A workshop designed to provide education, support and guidance to teens that have experienced mild to moderate substance use. This program also offers parents and guardians the opportunity to learn healthy communications skills and the importance of establishing family rules surrounding substance use.

## **Project Focus**

A FREE support program for parents and youth ages 6-15 who are either concerned about a family member's use of alcohol or other drugs or have a family member in recovery or are in recovery themselves. FREE Childcare is available for children ages 3-5. Families will learn tools to reduce their anxiety, develop healthy coping skills, learn about addiction and discover they are not alone with their concerns. The program is full of fun activities while using a skill-building approach.

## **Parent Education**

A series of workshops using the Systematic Training for Effective Parenting (STEP) model where parents are offered a realistic and practical approach to meeting the challenges of raising children today.

## **Fetal Alcohol Spectrum Disorder (FASD)**

FREE presentations about prenatal alcohol and drug exposure. General overview of FASD and the life-long effects.

## **School-Based Prevention Programs**

### **Paper People**

Early childhood life-skills and drug prevention program that promotes ways for children to be safe and healthy.

### **ATOD Presentations**

Alcohol, Tobacco and Other Drugs (ATOD) educational and interactive presentations are available to schools in southern Macomb County (south of M-59).