



Bring this flyer with you to receive \$5.00 off.

Sports Medicine Team

SPORTS PHYSICALS

All students receiving a physical at any of the locations below ***MUST*** have a physical card signed by a parent / guardian prior to proceeding with the exam.

Monday, July 24, 2017	Cousino HS 30333 Hoover Rd. – Use Athletic Entrance (Door 39)	4:30-7 PM
Tuesday, July 25, 2017	East Detroit HS 15501 Couzens Rd. – 9 Mile / Gym Entrance (Door 30)	5:30-7 PM
Wednesday, July 26, 2017	De La Salle Collegiate HS 14600 Common Rd. – Use Athletic Entrance	4:30-7 PM
Thursday, July 27, 2017	Chippewa Valley HS 18300 19 Mile Rd – Use Main Entrance (Door A)	4:30-7 PM
Monday, July 31, 2017	L’Anse Creuse North HS 23700 21 Mile Rd. – Use Main Entrance (Door 1)	4:30-7 PM
Tuesday, August 1, 2017	Grosse Pointe North HS 707 Vernier Rd – Use Gym Entrance	4:30-7 PM
Wednesday, August 2, 2017	L’Anse Creuse 38495 L’Anse Creuse Rd. – Use Main Entrance (Door 1)	4:30-7 PM
Thursday, August 3, 2017	Grosse Pointe South HS 11 Grosse Pointe Blvd. – Use Main Gym Entrance (Door M)	4:30-7 PM

- Cost: **\$25.00**
- Middle & High school students are welcome.
- **Functional Assessment Screening includes:**
 - Assessment by licensed health care professionals.
 - Screening to identify areas of opportunity for improved muscle strength, flexibility, balance & coordination, which can improve athletic performance.
 - Written exercises and recommendations to correct problem areas will be available.
 - Licensed Athletic Trainers, Physical Therapists, Registered Nurses, and Physicians will be on-site to answer any questions. Athletic Trainers are also available at your high school.
- **The St. John Providence Heart and Vascular Mobile Screening Center** provides convenient access to our student heart check service. Watch for dates and locations near you.

Frequently Asked Questions:

MHSAA physical forms are provided; however can also be downloaded at www.mhsaa.com

- No appointment is needed
- Parents are not required to attend; however encouraged to be present. **If not in attendance a signature is required on the physical card**
- Physicals obtained at all of the dates provided are valid for the 2017-2018 school year
- Attendance is open to the public at all locations
- This event is considered an out of pocket expense
- Cash or Check only
- Make checks payable to **St. John Hospital**
- The Sports Medicine Team does not keep records or copies of completed physicals.
- In the event of unforeseen circumstances, St. John Hospital reserves the right to cancel a scheduled event.
- **Questions:** Contact Jacki DuFour: (586) 612-7373.